

BE KIND in 2019 Challenge

Mission: Complete as many squares as you can!



Do a good deed for a neighbor		Donate unwanted toys or clothing	Give a high-five	Forgive a mistake
Give a compliment	Stand up for someone	Read a book	Make a card for a teacher or coach	
Make a thank you card for a community helper	Invite someone to play	Offer to carry something		Write a kind post-it note and leave it in a book for someone to find
	Write a letter or card and give to someone "just because"	Donate a book	Make a card for a school staff member such as principal, custodian, office, lunch, playground, bus, etc.	Be kind to the Earth! Pack a no-waste lunch.
Ask, "How may I help you?"		Tell someone why you are proud of them	Give a smile	Open the door