

**Expanding Horizons 2017-2018**  
Suffield's After-School Enrichment Program

**Spring Session: March 5-April 26**

**Registration Forms DUE: Tuesday, February 23rd by 9am**

EXPANDING HORIZONS, Suffield's after-school enrichment program, will once again be offered to McAlister Intermediate School students during the Spring of 2018. This program is intended to provide students with interesting and challenging courses in academics, fine arts, and technology. Enrolled students will explore new topics of interest, extend their knowledge in a given area, and actively participate in pursuing different pathways to learning.

**Session Dates:**

**Monday Dates: 3/5 , 3/19, 3/26, 4/2, 4/16, 4/23**

**Thursday Dates: 3/8 , 3/22, 3/29, 4/5 , 4/19, 4/26**

**Program Details**

- This is the first session of Expanding Horizons for this year. It will run from March 5 to April 26 with courses occurring on Monday OR Thursday afternoons.
- Courses for students in Grades 3-5 will be held at McAlister Intermediate School from 3:30-4:30 pm.
- Registration forms are due back at school by Tuesday, February 23 at 9am, but it is suggested that you send them in ASAP so classes don't fill up!
- All participating students will stay in their classrooms until 3:30pm, work on homework, eat their snack (brought from home), and be dismissed directly to their Expanding Horizons location. SNACK WILL NOT BE PROVIDED BY THE SCHOOL.
- ***Parents will be responsible for providing transportation home.***

**\*\*Please note: Children must be picked up promptly at 4:30 in the FRONT ENTRANCE of the school at McAlister.**

**Please Note**

- It is important that you review and discuss the course offerings with your child carefully. Children enjoy and benefit the most from enrichment experiences in which they are truly interested.
- Each course description includes specific days, dates, and fees.
- A student may register for up to two courses (one on Monday, one on Thursday), but **a separate check for each course must be included.** The course fee includes all course materials.
- Classes will be taught by teachers or local specialists in their fields.
- Enrollment in all classes is limited and class participation will be done on a first come, first serve basis. If there is insufficient enrollment, classes may be cancelled.

If you have any questions, please contact Katherine Stearns, Expanding Horizons Coordinator, at 668-3830 or email [kstearns@suffield.org](mailto:kstearns@suffield.org) (e-mail will most likely be fastest!)

FILL OUT FORM BELOW- PLEASE INCLUDE PAYMENT WITH YOUR FORM!

**Return this page & photo release only by FEBRUARY 23 at 9AM!**

**Expanding Horizons Registration Form**  
**McAlister Intermediate School**

- Please mark course choices next to course title. Indicate 1st and 2nd choices. Also, please indicate if you want only one of your choices or both courses.
- It is important that you make out **a separate check for each course** (if registering for more than one). In the event that your child is not able to participate, checks will be returned to you.
- Make checks payable to McAlister Intermediate School.
- Registration forms are due by Tuesday, February 23 at 9am.
- **Registration forms not accompanied by a check will be returned. A spot will NOT be held.**

Student's Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

\_\_\_ I want only 1 of the choices below

\_\_\_ I want both of the courses checked below (Please remember that you can only take one per day).

**Mondays:**

- \_\_\_ Legomania
- \_\_\_ Yoga
- \_\_\_ Words with Friends
- \_\_\_ Active Games
- \_\_\_ Computer Building

**Thursdays:**

- \_\_\_ Board Games
- \_\_\_ Yoga
- \_\_\_ Acting
- \_\_\_ Active Games

**Emergency Information**

**(Must be filled out completely for children to attend Expanding Horizons)**

Emergency number where adult can be reached during Expanding Horizons hours:

Important medical/allergy information:

Family Doctor: \_\_\_\_\_

Phone: \_\_\_\_\_

Family Dentist: \_\_\_\_\_

Phone: \_\_\_\_\_

Hospital Preference: \_\_\_\_\_

Please list person readily available to call if parent is not available:

1: \_\_\_\_\_

Phone: \_\_\_\_\_

2: \_\_\_\_\_

Phone: \_\_\_\_\_

I understand that in the case of an emergency, every effort will be made to contact me or my designated emergency people. In the event that no one can be reached, appropriate interventions will be taken in the best interest of the child. **The child's medications at the school will not be accessible during Expanding Horizons hours, as there will be no nurse present in the building.**

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Reminder: No snack is provided. If you would like your child to have a snack, please provide one from home.**

## Spring 2018 Expanding Horizons Course Offerings

### Monday Courses:

- |   |                           |                       |                          |
|---|---------------------------|-----------------------|--------------------------|
| <b>Monday</b>   | <b>Legomania</b>          | <b>Mrs. Longo</b>     | <b>Course Cost: \$25</b> |
| If you love playing legos this is the course for you! Come join us for lego games, building lego sets and best of all, free building. Let your imagination go wild, it's fun time, it's lego time!  |                           |                       |                          |
| <b>Monday</b>   | <b>Yoga</b>               | <b>Ms. Macneil</b>    | <b>Course Cost: \$20</b> |
| This yoga class is for students of all needs and abilities. We will study peaceful poses, mindful musings, and simple tricks for leading a Zen life. Each class will be related to a yogic theme such as peace, acceptance, love, and honesty. We will practice simple poses, partner and group poses, and breathing techniques to calm, energize, and balance our bodies. Students should wear comfortable clothes and personal yoga mats are welcome. *~Namaste~*   |                           |                       |                          |
| <b>Monday</b>   | <b>Words with Friends</b> | <b>Ms. Collin</b>     | <b>Course Cost: \$20</b> |
| Come and play Words with Friends EDU with Miss Collin! Challenge yourself to play with words and have a great time with friends!  |                           |                       |                          |
| <b>Monday</b>   | <b>Active Games</b>       | <b>Officer Tom K.</b> | <b>Course Cost: \$20</b> |
| Come get out your after-school energy with Officer Tom! You'll play group games with the other students in the class like soccer and kickball. <u>NOTE: Due to gym access, 3/5 through 4/2 sessions will be held OUTSIDE. Please be prepared with appropriate clothing!</u>   |                           |                       |                          |
| <b>Monday</b>   | <b>Computer Building</b>  | <b>Mrs. Osleger</b>   | <b>Course Cost: \$90</b> |
| If your child loves computers they will love this workshop! In this interactive session, 3 <sup>rd</sup> through 5th graders will assemble a Kano computer and learn all about its working parts. Once assembled, they will connect it to a monitor and boot it up. The fun doesn't end there – they will learn how to explore coding features built into the Kano operating system! This workshop provides every child with an engaging jump start into the world of computer science with expert step by step instruction that will empower each student to get excited about creating and inventing with technology! |                           |                       |                          |

### Thursday Courses:

- |   |                     |                       |                          |
|---|---------------------|-----------------------|--------------------------|
| <b>Thursday</b>   | <b>Board Games</b>  | <b>Mrs. Longo</b>     | <b>Course Cost: \$20</b> |
| This is a fun filled course where students play chess, checkers and board games. We play all sorts of games from Apples to Apples to Battleship to Monopoly. Students can also bring in their favorite games from home to share with others. Move away from screen time to board time!  |                     |                       |                          |
| <b>Thursday</b>   | <b>Yoga</b>         | <b>Ms. Macneil</b>    | <b>Course Cost: \$20</b> |
| This yoga class is for students of all needs and abilities. We will study peaceful poses, mindful musings, and simple tricks for leading a Zen life. Each class will be related to a yogic theme such as peace, acceptance, love, and honesty. We will practice simple poses, partner and group poses, and breathing techniques to calm, energize, and balance our bodies. Students should wear comfortable clothes and personal yoga mats are welcome. *~Namaste~* |                     |                       |                          |
| <b>Thursday</b>   | <b>Acting</b>       | <b>Ms. Murdock</b>    | <b>Course Cost: \$25</b> |
| In this acting class, we will learn everything from how to audition to writing our own plays! Students will practice with scene partners, play acting games, and learn how to improv like real actors. We will learn different acting techniques, and the difference between acting in television shows and Broadway shows. Most of all, we will have a lot of fun!   |                     |                       |                          |
| <b>Thursday</b>   | <b>Active Games</b> | <b>Officer Tom K.</b> | <b>Course Cost: \$20</b> |
| Come get out your after-school energy with Officer Tom! You'll play group games with the other students in the class like soccer and kickball. <u>NOTE: Due to gym access, 3/8 through 4/5 sessions will be held OUTSIDE. Please be prepared with appropriate clothing!</u>   |                     |                       |                          |

## Photo Release Form

I understand that during the Expanding Horizons courses, students in the different activities may be photographed. I further understand that these photographs may be shared in the school on bulletin boards, in school/program newsletters, or they may be sent to local newspapers for publication in stories about Expanding Horizons.

\_\_\_ I DO give permission

Or

\_\_\_ I DO NOT give permission

For my child,

\_\_\_\_\_, to be included in any photographs taken during the Expanding Horizons program.

Parent/Guardian Signature:

\_\_\_\_\_

Date:

\_\_\_\_\_

**\*This form MUST be returned with the registration form!\***