



# Suffield Middle School Lunch

Oct 2019

refresh. refuel. relax.

30

**Loaded  
Waffle  
Fries**

1

**Corn Dog**

2

**Chicken  
Pot Pie**

3

**Bosco Sticks  
w/ Marinara**

4

**Sweet & Sour  
Chicken**

7

**Pasta &  
Meatballs**

8

**Chicken &  
Cheese  
Quesadilla**

9

**French Toast  
Sticks w/  
Sausage**

10

**Bosco Sticks  
w/ Marinara**

11

**No School**

14

**No School**

15

**Beef or  
Cheese  
Nachos**

16

**Pancakes w/  
Sausage**

17

**Bosco Sticks  
w/ Marinara**

18

**Tortellini  
Alfredo**

21

**Bacon  
Cheeseburger**

22

**Taco Tuesday**

23

**French Toast  
Sticks w/  
Sausage**

24

**Bosco Sticks  
w/ Marinara**

25

**Loaded  
Baked Potato  
Bar**

28

**Meatball  
Sub**

29

**Beef or  
Cheese  
Nachos**

30

**Popcorn  
Chicken Bowl**

31

**Bosco Sticks  
w/ Marinara**

1

**General Tso  
Chicken**

## Available Daily:

Premade deli sandwiches and salads (ham, turkey or tuna)  
Cheeseburger, hamburger, spicy or plain chicken sandwich  
Assorted fresh fruits & veggies  
1% Milk, chocolate or strawberry skim milk  
Snacks, cookies and ice cream

**Lunch \$3.00, Premium \$3.25, Milk \$.50**  
Lunch includes entrée, milk, veggies, and/or fruit.

We offer a variety of veggie and gluten free options  
Contact Ben @ 860-668-3810 ext 3115