



McAlister Lunch Menu

Oct 2019

30

Chicken or Cheese Quesadilla

Chicken Tenders

Tuna Sub
Italian Salad w/ Ham
Curly Fries

1

Bosco Sticks w/ Marinara Sauce

Corn Dog

Tuna Sub
Italian Salad w/ Ham
Rainbow Veggies

2

Pancakes & Sausage BBQ Riblet Sandwich

Tuna Sub
Italian Salad w/ Ham
Warm Apple Sauce

3

Beef Tacos Popcorn Chicken

Tuna Sub
Italian Salad w/ Ham
Mashed Potatoes

4

Pepperoni or Cheese Pizza

Chicken Patty Sandwich

Tuna Sub
Italian Salad w/ Ham
Broccoli

7

Bacon Grilled Cheese Breakfast Burrito

Turkey & Cheese Wrap
Chef Salad
Tator Tots

8

Bosco Sticks w/ Marinara Sauce

Hot Dog

Turkey & Cheese Wrap
Chef Salad
Corn

9

French Toast Sticks & Sausage

Chicken Tenders

Turkey & Cheese Wrap
Chef Salad
Hash Browns

10

Pepperoni or Cheese Pizza

Chicken Patty Sandwich

Turkey & Cheese Wrap
Chef Salad
Broccoli

11

No School

14

No School

15

Bosco Sticks w/ Marinara Sauce

BBQ Riblet Sandwich

Ham & Cheese Sub
Chicken Caesar Salad w/ Roll
Chic Pea Salad

16

Pancakes & Sausage Corn Dog

Ham & Cheese Sub
Italian Salad w/ Ham
Warm Apple Sauce

17

Beef or Cheese Nachos Jamaican Beef Patty

Ham & Cheese Sub
Chicken Caesar Salad w/ Roll
Mashed Potatoes

18

Pepperoni or Cheese Pizza

Chicken Patty Sandwich

Ham & Cheese Sub
Chicken Caesar Salad w/ Roll
Broccoli

21

Pasta & Meatballs Chicken Nuggets

Turkey & Cheese Wrap
Popcorn Chicken Salad
Peas & Carrots

22

Bosco Sticks w/ Marinara Sauce

Lasagna

Turkey & Cheese Wrap
Popcorn Chicken Salad
Corn

23

French Toast Sticks & Sausage

Hot Dog

Turkey & Cheese Wrap
Popcorn Chicken Salad
Hash Browns

24

Beef Tacos Breakfast Burrito

Turkey & Cheese Wrap
Popcorn Chicken Salad
Carrots

25

Pepperoni or Cheese Pizza

Chicken Patty Sandwich

Turkey & Cheese Wrap
Popcorn Chicken Salad
Broccoli

28

Bacon CHeseburger Meatball Sub

Tuna Sub
Italian Salad w/ Ham
Curly Fries

29

Bosco Sticks w/ Marinara Sauce

Chicken Pot Pie

Tuna Sub
Italian Salad w/ Ham
Corn

30

Pancakes & Sausage Popcorn Chicken

Tuna Sub
Italian Salad w/ Ham
Hash Browns

31

Beef or Cheese Nachos Grilled Cheese

Tuna Sub
Italian Salad w/ Ham
Green Beans

1

Pepperoni or Cheese Pizza

Chicken Patty Sandwich

Tuna Sub
Italian Salad w/ Ham
Broccoli

Available Daily:

Sunbutter & Jelly Sandwiches, Bagel Fun Lunches, Asst Fruits & Veggies, 1% Milk, Chocolate, Strawberry Skim or Soy Milk,, Asst Snacks

Cookies and Ice Cream Fridays only

Lunch \$2.75, Milk \$.50

Lunch includes entrée, milk, veggies, and/or fruit.

We offer a variety of veggie and gluten free options
Contact Ben @ 860-668-3810 ext 3115