## Weekly Menu for Meal Pick-up

## Tuesday pick up

## Tuesday 26

Breakfast: french toast

Lunch: chicken patty sandwich

Wednesday 27

Breakfast: muffin

Lunch: ham & cheese sandwich

Thursday 28

Breakfast: bagel & cream cheese

Lunch: chicken pot pie

Friday pick up Friday 29

Breakfast: cereal bar

Lunch: turkey & cheese sandwich

Saturday 30

Breakfast: yogurt parfait & crackers

Lunch: sloppy joes

Sunday 31

Breakfast: pancakes Lunch: fajita chicken

All meals include various fruit/fruit juice, vegetables and milk Some include yogurt or cheese stick.

Please keep food refrigerated until is ready to consume