



Spaulding Breakfast Menu

October 2021

27 Mini French Toast Scooby Cinnamon Grahams w/ String Cheese	28 Frudel w/ String Cheese Asst Muffins w/ String Cheese	29 Waffles Asst Cereal Bars w/ String Cheese	30 Breakfast Rounds Asst Muffin w/ String Cheese	1 Breakfast Sandwich Cinnamon or Strawberry Cream Cheese Bagel
4 Cinni Minis Scooby Cinnamon Grahams w/ String Cheese	5 Frudel w/ String Cheese Asst Muffins w/ String Cheese	6 Waffles Asst Cereal Bars w/ String Cheese	7 Breakfast Rounds Asst Muffin w/ String Cheese	8 No School
11 No School	12 Frudel w/ String Cheese Asst Muffins w/ String Cheese	13 Waffles Asst Cereal Bars w/ String Cheese	14 Breakfast Rounds Asst Muffin w/ String Cheese	15 Breakfast Sandwich Cinnamon or Strawberry Cream Cheese Bagel
18 Cinni Minis Scooby Cinnamon Grahams w/ String Cheese	19 Frudel w/ String Cheese Asst Muffins w/ String Cheese	20 Waffles Asst Cereal Bars w/ String Cheese	21 Breakfast Rounds Asst Muffin w/ String Cheese	22 Breakfast Sandwich Cinnamon or Strawberry Cream Cheese Bagel
25 Mini French Toast Scooby Cinnamon Grahams w/ String Cheese	26 Frudel w/ String Cheese Asst Muffins w/ String Cheese	27 Waffles Asst Cereal Bars w/ String Cheese	28 Breakfast Rounds Asst Muffin w/ String Cheese	29 Breakfast Sandwich Cinnamon or Strawberry Cream Cheese Bagel

Parents! Need Extra \$\$\$?

Become a Food Service Sub!

Contact Kathy Carney at 860-668-3802

If your child receives free or reduce lunch then they also qualify for
free or reduce breakfast

Breakfast includes entrée, fruit, juice and milk.

**All students will receive a free breakfast
and lunch for school year 21/22. All other
meals and a la carte items will be sold at
regular menu price.**