



# McAlister Breakfast Menu

Oct 2019

30

Mini French Toast  
Scooby Cinnamon  
Grahams w/ String  
Cheese

1

Apple Cinnamon  
Churro w/ String  
Cheese  
  
Asst Muffins w/  
String Cheese

2

Donuts  
  
Asst Cereal Bars w/  
String Cheese

3

Donuts  
  
Asst Muffin w/  
String Cheese

4

Breakfast Sandwich  
  
Cinnamon or  
Strawberry Cream  
Cheese Bagel

7

Cinni Minis  
  
Scooby Cinnamon  
Grahams w/ String  
Cheese

8

Apple Cinnamon  
Churro w/ String  
Cheese  
  
Asst Muffins w/  
String Cheese

9

Waffles  
  
Asst Cereal Bars w/  
String Cheese

10

Breakfast Rounds  
  
Asst Muffin w/  
String Cheese

11

**No  
School**

14

**No  
School**

15

Apple Cinnamon  
Churro w/ String  
Cheese  
  
Asst Muffins w/  
String Cheese

16

Donuts  
  
Asst Cereal Bar w/  
String Cheese

17

Breakfast Rounds  
  
Asst Muffin w/  
String Cheese

18

Breakfast Sandwich  
  
Cinnamon or  
Strawberry Cream  
Cheese Bagel

21

Cinni Minis  
  
Scooby Cinnamon  
Grahams w/ String  
Cheese

22

Apple Cinnamon  
Churro w/ String  
Cheese  
  
Asst Muffins w/  
String Cheese

23

Waffles  
  
Asst Cereal Bars w/  
String Cheese

24

Breakfast Rounds  
  
Asst Muffin w/  
String Cheese

25

Breakfast Sandwich  
  
Cinnamon or  
Strawberry Cream  
Cheese Bagel

28

Mini French Toast  
  
Scooby Cinnamon  
Grahams w/ String  
Cheese

29

Apple Cinnamon  
Churro w/ String  
Cheese  
  
Asst Muffins w/  
String Cheese

30

Donuts  
  
Asst Cereal Bars w/  
String Cheese

31

Breakfast Rounds  
  
Asst Muffin w/  
String Cheese

1

Breakfast Sandwich  
  
Cinnamon or  
Strawberry Cream  
Cheese Bagel

**Parents! Need Extra \$\$\$?**

**Become a Food Service Sub!**

**Contact Kathy Carney at 860-668-3802**

**Breakfast \$2.00 Milk \$.50**

If your child receives free or reduce lunch then they also qualify for  
free or reduce breakfast

**Breakfast includes entrée, fruit, juice and milk.**