



McAlister Lunch Menu

January 2017

2
NO SCHOOL

3
Pizza Sticks w/ Marinara Sauce
Chicken Nuggets w/ Roll
Turkey & Cheese Grinder
Italian Salad w/ Ham Corn

4
French Toast & Sausage Patty
Chicken Tenders w/ Roll
Turkey & Cheese Grinder
Italian Salad w/ Ham Tater Tots

5
Hot Dog
Grilled Cheese or Grilled Cheese w/ Bacon
Turkey & Cheese Grinder
Italian Salad w/ Ham Veggie Beans

6
Pepperoni or Cheese Pizza
Chicken Patty Sandwich
Turkey & Cheese Sandwich
Italian Salad w/ Ham Broccoli

9
Pizza Sticks w/ Marinara Sauce
Chicken Nuggets w/ Roll
Tuna grinder
Chicken Caesar Salad w/Roll
Carrots

10 **LUCKY TRAY DAY**
Chicken or Cheese Quesadilla
Corn Dog
Tuna Grinder
Chicken Caesar Salad w/Roll
Garden Salad

11
Pancakes & Sausage Patty
Chicken Tenders w/ Roll
Tuna Grinder
Chicken Caesar Salad w/Roll
Warm Apple Sauce

12
Beef Nachos
Hamburger or Cheeseburger
Tuna Grinder
Chicken Caesar Salad w/Roll
Green Beans

13
Pepperoni or Cheese Pizza
Chicken Patty Sandwich
Tuna Grinder
Chicken Caesar Salad w/Roll
Kickin' Beans

16
NO SCHOOL

17
Crunchy Beef Tacos w/ Rice
Hot Dog
Ham, Turkey & Cheese Grinder
Popcorn Chicken Salad w/ Roll
Garbanzo Beans

18
Waffles & Sausage Patty
Hamburger or Cheeseburger
Ham, Turkey & Cheese Grinder
Popcorn Chicken Salad w/ Roll
Cinnamon Sweet Potatoes

19
Spaghetti & Meatballs w/ Sauce
Grilled Cheese
Ham, Turkey & Cheese Grinder
Popcorn Chicken Salad w/ Roll
Corn

20
Pepperoni or Cheese Pizza
Chicken Patty Sandwich
Ham, Turkey & Cheese Grinder
Popcorn Chicken Salad w/ Roll
Carrots

23
Chicken or Cheese Quesadilla
Hot Dog
Turkey & Cheese Wrap
Tuna Salad Platter
BBQ Beans

24
Popcorn Chicken w/ Mashed Potatoes
Corn Dog
Turkey & Cheese Wrap
Tuna Salad Platter
Corn

25
French Toast & Sausage Patty
Hamburger or Cheeseburger
Turkey & Cheese Wrap
Tuna Salad Platter
Tater Tots

26
Pizza Sticks w/ Marinara Sauce
Chicken Tenders, Roll
Turkey & Cheese Wrap
Tuna Salad Platter
Peas & Carrots

27
Pepperoni or Cheese Pizza
Chicken Patty Sandwich
Turkey & Cheese Wrap
Tuna Salad Platter
Broccoli

30
Meatball Pizza Sub
Chicken Tenders w/ Roll
Ham & Cheese Grinder
Chef Salad
Corn

31
Pasta w/ Meat Sauce
Hamburger or Cheeseburger
Ham & Cheese Grinder
Chef Salad
Green Beans

1
Pancakes & Sausage
Chicken Nuggets & Roll
Ham & Cheese Grinder
Chef Salad
Warm Apple Sauce

2
Beef Taco w/ Rice
Popcorn Chicken w/ Roll
Ham & Cheese Grinder
Chef Salad
Roasted Chic Peas

3
Pepperoni or Cheese Pizza
Chicken Patty Sandwich
Ham and Cheese Grinder
Chef Salad
Carrots

Available Daily:
Sunbutter & Jelly Sandwiches, Bagel Fun Lunches
Asst Fruits & Veggies
1% Milk, Chocolate or Strawberry Skim Milk, Lactaid
Asst Snacks, Cookies and Ice Cream

Lunch \$2.65 Milk \$.50
If your child receives free or reduce lunch then they also qualify for free or reduce breakfast
Parents! Need Extra \$\$\$? Become a Food Service Sub!
Contact Kathy Carney at 860-668-3802