

Spaulding & McAlister

Fresh Fruit and Vegetable Daily Choices

	1/2 - 1/6/17	1/9 - 1/13/17	1/16 - 1/20/17	1/23 - 1/27/17	1/30 - 2/3/17
Red/orange	Carrot Sticks	Cherry Tomatoes	Red Pepper Strips	Carrot Sticks	Cherry Tomatoes
Green	Celery Sticks	Cucumber Coins	Broccoli	Celery Sticks	Cucumber Coins
Fruit	Apples	Apples	Apples	Apples	Apples
Canned Fruit	Mixed Fruit	Diced Pears	Apple Sauce	Mixed Fruit	Diced Pears
Monday		Cinnamon Grahams	Cinnamon Grahams	Cinnamon Grahams	Cinnamon Grahams
		Side Salad	Side Salad	Side Salad	Side Salad
Tuesday-Friday	Orange Wedges	Grapes	Strawberry Cups	Orange Wedges	Grapes



SUFFIELD PUBLIC SCHOOLS